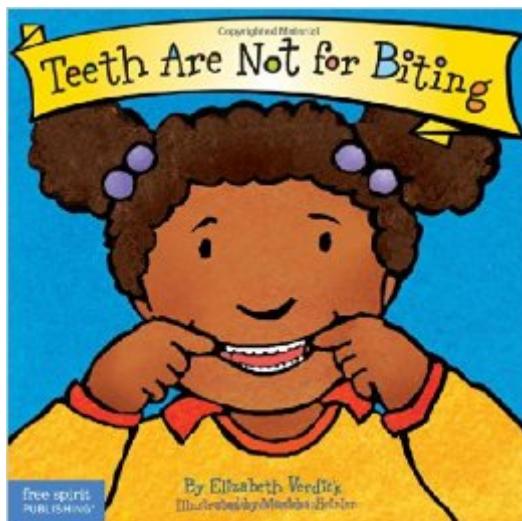


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# Teeth Are Not For Biting (Board Book) (Best Behavior Series)



## Synopsis

â œCrunch crunch crunch. Teeth are strong and sharp. Crunch crunch crunch. Teeth can help you chew. But teeth are not for biting. Ouch! Biting hurts.â • Sooner or later, almost all young children will bite someoneâ "a friend, a parent, a sibling. This upbeat, colorful, virtually indestructible book helps prevent biting and teaches positive alternatives. The companion to our best-selling Hands Are Not for Hitting Board Book, Teeth Are Not for Biting gives reasons why children might want to bite. Little mouths feel sore when new teeth come in; sometimes kids bite when theyâ ™re hungry, tired, cranky, frustrated, angry, bored, distressed, or seeking attention. Author Elizabeth Verdick suggests positive things children can do instead of biting: chew a chewy toy, drink a cold drink, get a hug, tell a grown-up. This book also includes helpful tips for parents and caregivers.

## Book Information

Age Range: 2 - 3 years

Lexile Measure: AD210L (What's this?)

Series: Best Behavior Series

Board book: 24 pages

Publisher: Free Spirit Publishing; Board Book edition (April 15, 2003)

Language: English

ISBN-10: 1575421283

ISBN-13: 978-1575421285

Product Dimensions: 7 x 0.6 x 7 inches

Shipping Weight: 8 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 starsÂ See all reviewsÂ (297 customer reviews)

Best Sellers Rank: #846 in Books (See Top 100 in Books) #5 inÂ Books > Children's Books > Early Learning > Basic Concepts > Sense & Sensation #7 inÂ Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Manners #21 inÂ Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Emotions & Feelings

## Customer Reviews

I'll admit I had nothing to lose here. My 3 year old son was coming home from daycare with 2-3 "Incident Reports" per day. 95% were for biting. I even had to suffer the indignity of a school meeting to discuss his behavior and if "there were any changes in his home life?". No. There weren't. His biggest life change was moving from the 2 year old classroom (no biting) to the 3 year

old classroom (raving, biting lunatic). I'll also add that he has some mild speech and motor delays. Oh, and at the ripe age of 3 years and 2 months finally started to cut his 2 year molars. It really was the Perfect Storm for biting. And bite he did. He was biting teachers, his friends, his enemies. They even once told me he was sitting in a circle perfectly calm and literally just leaned over to bite the kid next to him. He'd also bite to protect his territory or when feeling crowded. This went on for about 6 weeks and I was at my wits end. Found this book somehow and thought I'd give it a try. The day after I started reading it he bit ONE TIME. I was thrilled. Not a single incident the next 2 days and now I'm a believer. I was worried that it would be too "babyish" for him. It sort of is but somehow still captures his attention. He almost fixates on the page where the girl his holding her arm and crying. He keeps repeating "he bit her?" out loud as if the boy in the book committed such a shameful act. Not sure what he thinks HE'S been doing for the past 6 weeks but whatever works. I was about to start sending him to school in one of those Hannibal masks...but this was SOOOO much easier.

I found this book to be both educational and preventive. It offers young children concrete alternatives to their urges to bite others. It's designed to be read by a parent, guardian, or teacher, and it offers colorful illustrations by Marieka Heinlen. *Teeth Are Not for Biting* approaches the issue of biting with great care and understanding. The book talks frankly about why children bite others, and also attempts to instill empathy into children who may be prone to biting. Probably the greatest strength of this book is its practical advice to children. Elizabeth Verdick presents alternatives to biting that are easy to understand, and more importantly, simple enough for most young children to do. This book is a worthy new entry for preventing and teaching children about the harmful behavior of biting others.

Life saving book!! My son has been biting other kids a school and I was told that he might not be able to come back if the biting didn't stop. I was at my ends with the biting and started to look around for books and other methods of teaching him to communicate. This book has been a life saver. My son (2 1/2) has memorized this book (even reading it to himself in bed) and is using examples (i.e. alternatives to biting) learned from this book at school. The director of the school and all the teachers are just in shock with the 180 my son has done. I would recommend this book to any person who has a child who bits!

I got this for my 19 months old daughter. She goes to daycare and had been having severe biting issues. She gets an incident almost everyday and at her worst she gets 3 incident a day. She does

not bite us at home. She only does it at daycare when someone takes her toy away, she wants something that another child is playing with or another child sits closer to her and she doesn't want it. We dread picking her up because we feel like we're doing the walk of shame when we have to sign her incident report. I got this book because this seems to be the highest rating book that addresses biting and it seems to work for a lot of people who posted a review. My daughter loves this book and I read it to her every night before bed and in the morning when she wakes up. This is one of her must read nightly book. Unfortunately, this did not work for her at all. She understood it hurt when she bites based on the photos in this book but she still bites even after a month of reading this to her. Eventually, daycare suggested to see a therapist for both occupational and speech therapy and we did. So we met with the therapist and she said my daughter does not need any therapy at all. So the therapist went to my child's daycare to observe her and gave the teacher pointers on how to deal with my daughter's biting issues. What worked for my daughter was diversion, watching her closely and offering her something else before she gets mad. A week after that her incident starts to lessen and now 2 months after we're completely incident free. I know some parts of my review are irrelevant to this book but I just want to share my experience hoping it'll help others too. As a mom of a serial biter, I don't want to relive that experience again. As for this book, this is still my daughter's favorite book and she won't go to bed without reading this. So yeah it's a great book.

I bought this book because we've had a run of biting at the daycare center I work at. I was hoping for more of a story for the kids to relate to, but I think it's helping. We try to read it every single day, but 9-12 two year olds are more interested in the doggie in the book than hearing the story. Everytime I read the line "teeth are not for biting" I have the kids say "No bite!" just to push the point. It's a good sized, sturdy book with large and simple pictures the kids enjoy.

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